

KR's SREE NRAYANA COLLEGE
PG DEPARTMENT OF PSYCHOLOGY
ADD-ON COURSE (Psychology of Addiction)

Program Summary

Add-on course program offered by PsyForeX, a distinguished institution dedicated to advancing education in forensics. The proposed courses aim to bridge the gap between theoretical knowledge and practical application in the field of forensics. These courses are designed to enhance the skills of students in these fields.

Introduction PsyForeX

Decoding the Unexplained, founded in September 2023, is a pioneering center for forensic education, research and training based in Kerala and Tamil Nadu. MoUs with various institutions, PsyForeX provides a range of opportunities including internships, workshops, conferences, certification courses, seminars, webinars, and add-on courses. Our mission is to create a rich learning environment for aspiring and seasoned professionals, empowering them with the skills and insights necessary to excel in the evolving field of forensics.

Course Name: PSYCHOLOGY OF ADDICTION

Course Description

This course will consist of a combination of interactive lectures, practical sessions, and real-time case discussions on Psychology of Addiction. It has duration of 30 hours, structured to be completed within an academic semester, conducted offline at the institution's premises, with scheduling flexibility to suit students' convenience. Course Fee: 3500 rupees per student

PSYCHOLOGY OF ADDICTION

Module 1: Introduction

Conceptual evolution; Definitions: Use, misuse, dependence, abuse, addiction Historical and cultural contexts of addiction. Global classification systems: ICD-11, DSM-5, WHO. Theories of

addiction: Behavioral theories – Classical & Operant Conditioning; Social learning & Observational models; Cognitive models

Module 2: Neurobiology, Personality, and Risk Factors

Brain reward pathways: Dopamine, Mesolimbic system; Neuroadaptation, tolerance, and withdrawal; Role of neurotransmitters: GABA, serotonin, endorphins; Psychological vulnerabilities: impulsivity, novelty-seeking; Dual diagnosis: addiction & comorbid mental disorders (e.g., depression, PTSD)

Module 3: Typologies of Addiction

Substance Addictions and Classifications; Alcohol, Tobacco, Cannabis, Opioids, Stimulants, Prescription drugs; legal and illegal drugs Behavioral Addictions: Internet, Gaming, Gambling, Pornography, Shopping, Work Red flags in behavior & patterns of use; Case studies: crossaddiction & poly-substance use; Impact on family, workplace, and society

Module 4: Assessment, Intervention, and Rehabilitation

Screening tools: CAGE, AUDIT, DAST, SASSI; Psychological evaluations and interviews Therapeutic models for addiction; Motivational Interviewing (MI); Relapse prevention models; Harm reduction and detox approaches; Support Groups; Family therapy, support systems & rehabilitation centers

Module 5: Forensic, Legal, Aspects of Addiction

NDPS Act, 1985 – key provisions; Drug-facilitated crimes and forensic implications; Juvenile addiction & diversion programs; Ethical issues in treatment and consent; Rehabilitation vs. punishment: human rights debates; Role of psychologists in courts, rehab, and policy-making